

# Mothering Sunday prayers

## Opening prayers

*As we come to worship you, Loving God,  
we remember with thankful hearts  
our families, and the care of our mothers.  
We thank you today for all those who care for us,  
and remember those who are now with you,  
who have cared for us in the past.  
Lord Jesus, who knew the love and care of parents,  
help us to love and care for others.*

On a large sheet of paper, draw a picture of a mother on the left hand side (artistic ability not required: it could be a stick-person image). At the start of the worship, invite people to suggest words to describe what mothers (or those who take on a mothering role) do for us, and write in a list down the right-hand side of the paper. Finish the list by saying a suitable prayer:

*God our Father,  
your Son, Jesus Christ,  
lived in a family.*

*As we meet together now  
help us to learn more about what it is  
to love our families and friends as you love us.  
Through Jesus Christ our Lord,*

**Amen.**

## Collects and intercessions

### **A collect for Mothering Sunday**

from Common Worship, Church of England

*God of love,  
passionate and strong,  
tender and careful:  
watch over us and hold us all the days of our life;  
through Jesus Christ our Lord.*

**Amen.**

*Loving God,  
We thank you for our mothers, who gave life to us,  
and who care for us.*

*We are blessed by their self-sacrifice and love.*

**Response: Bless them today and every day.**

*We pray today for new mothers,  
asking you to imbue them with  
patience, wisdom and love.*

**Bless them today and every day.**

(To be read by a child in the congregation)

*We thank you for the way our mums love us,  
even when we disappoint or upset them.*

**Bless them today and every day.**

*We remember before you  
those who are mums who parent  
children with physical or  
mental-health challenges,  
asking for strength and courage for them.  
In the exhaustion and frustrations,  
in the joys and celebrations,  
may they know you are alongside them.*

**Bless them today and every day.**

*We pray for mothers who are struggling; for those who do not have enough money, to put food on the table, or to heat their homes. For mums whose hearts cry out to you in pain, because they rely on the care of their children.*

**Bless them today and every day.**

*We ask for you to send your peace on those who have lost their longed-for child in death, and those who have children adopted or living away from home.*

**Bless them today and every day.**

*We pray too for those who don't know the love of a mother or father, and those who have experienced a difficult relationship with a parent. For those who have experienced loss or neglect.*

**Bless them today and every day.**

*God of love, hear these prayers and answer them, for the sake of your children.*

*We pray in the name of your Son, Jesus Christ our Lord.*

**Amen.**

Additional, interactive, prayers of intercession can be found **here**.